



St. Peter's Hospital

A Member of St. Peter's Health Care Services

Albany, NY 12208

CONTRAST MEDIA INFILTRATION/EXTRAVASATION DISCHARGE INSTRUCTIONS

Patient Information Label

1. Observe the affected arm for:
 - Increased redness or skin color change
 - Increased pain
 - Blisters
 - Firmness at site
 - Unusually cold/hot at site
 - Changes in sensation of the extremity
2. If any of these symptoms occur, notify the Radiology Department immediately at 525-1818.
3. Elevate the affected extremity about the level of the heart to promote healing.
4. Apply ice (20 minutes on followed by 20 minutes off) to the site for the next 12 hours. Continue to apply ice to the site for 20 minutes one to three times a day for the next three days or until the symptoms have resolved. Do not apply cold pack directly on the skin.
5. Take Acetaminophen (Tylenol) (if not allergic), one or two 325 mg tablets every four to six hours as necessary for discomfort at the site.
6. If you have any questions or problems, call the angiography department at 525-1818. On weekends, holidays, and nights call 525-1807 and ask for the radiologist on call.
7. The Radiology Nurse will follow up with you by phone until the site is healed.

Additional Comments: _____

